Working with Outcomes Stars™ in the context of the Care Act 2014

Top tips for reporting to Care Act 2014 using the Stars most relevant for Adult Care and Carers

These top tips demonstrate how you can use the Outcomes Star to work within and report to the outcomes areas set out by various frameworks linked to the Care Act 2014. A series of tables shows the read across between:

- The key outcome areas used to define 'well-being' in the Care Act
- The eligibility outcomes and thresholds defined in the Care Act
- The outcomes areas covered by Adult Social Care Outcomes Framework 2015/2016
- The outcomes areas covered by Triangle's five key Outcomes Stars for Adult Care – Independent Living Star, Older Person's Star, Mental Health Recovery Star, Life Star and Carers Star.

We also set out some thoughts on how the Stars can support the implementation of the Care Act in other ways, and some general guidance about using the Star with other tools and frameworks.

1 How the Outcomes Stars generally support the Care Act 2014

In addition to the outcomes defined in the Care Act, it also sets out a number of key principles for social care. Here we demonstrate how the Outcomes Stars can help organisations follow these key principles:

Key principles for care set out in the Act[1]	How the Outcomes Star can help organisations
The importance of beginning with the assumption that the individual is best-placed to judge the individual's wellbeing	The Star is an accessible and collaborative assessment, review and planning tool. This approach empowers service users to participate in conversations about their needs and goals, and helps frontline practitioners to work consistently in this way.
The importance of the individual participating as fully as possible in decisions about them	

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[1] https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

Key principles for care set out in the Act[2]	How the Outcomes Star can help organisations
The importance of an individual's views, wishes, feelings and beliefs	The Star is a holistic, person-centric and strengths-based tool. This means that completing a Star assesses all key aspects of a service user's life, and captures their voice and views in a consistent and accessible way.
The need to ensure that decisions are made having regard to all the individual's circumstances	

2   General guidance for using the Outcomes Star with other tools and frameworks

The Outcomes Star is not designed to work as a stand-alone needs assessment tool or to measure the level of support need for an individual. However it can work well alongside needs and eligibility assessment, for example if a service completes a needs assessment with a service user, the information held in it can be used by a keyworker to inform the completion of a service user's first Star - or vice versa. Completed Stars can be used to inform review assessments, and to share information about all areas of a service user's life with a multi-agency team.

In the same way, the Outcomes Star is not a risk assessment tool and services should consider how to effectively measure and manage risk alongside their use of the Star, which focuses on person-centred planning and measuring distance travelled.

3   Using the Outcomes Star in the context of the Care Act 2014

The next few pages contain a series of tables demonstrating how the outcome areas covered by our four 4 key Stars for Adult Care read across to the outcomes listed under the Care Act and other linked frameworks.

Please note that on tables 2, 3, 4 and 5, the alignment between ASCOF, Care Act eligibility outcomes and Care Act Well-being outcomes are a Triangle suggestion only and is not set out in the Care Act or ASCOF themselves.

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[2] https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

4   Care Act and Independent Living Star

ASCOF 2015/2016[3]	Care Act – Eligibility Outcomes[4]	Care Act – Well-being Outcomes[5]	Independent Living Star – Outcome areas
Dignity		Personal dignity	**Being treated with dignity**
Safe & secure		Protection from abuse and neglect	
Control over daily life		Control by the individual over day-to-day life	*Covered across all outcome areas – 'Choice and control' is stage 4 in the Journey of Change*
Personal cleanliness and comfort	Managing and maintaining nutrition	Physical and mental health and emotional well-being	**Looking after yourself**
	Maintaining personal hygiene		
	Managing toilet needs		
	Being appropriately clothed		
			Health
			How you feel
Occupation	Making use of necessary services in the local community	Participation in work, education, training and recreation	**Meaningful activity**
	Accessing and engaging in work, training, education or volunteering	The individual's contribution to society	
		Social and economic wellbeing	**Managing money**
Social participation	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	**Social life**
Accommodation	Being able to make use of the home safely	Suitability of living accommodation	**Where you live**
	Maintaining a habitable home environment		

[3] https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-ascof-2015-to-2016
[4] http://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes-care-support-needs.asp
[5] https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

5   Care Act and Older Person's Star

ASCOF 2015/2016[6]	Care Act – Eligibility Outcomes[7]	Care Act – Well-being Outcomes[8]	Older Person's Star – Outcome areas
Dignity		Personal dignity	**Being treated with dignity**
Safe & secure		Protection from abuse and neglect	**Feeling safe**
Control over daily life		Control by the individual over day-to-day life	*Covered across all outcome areas – **'Choice and control'** is stage 4 in the Journey of Change*
Personal cleanliness and comfort	Managing and maintaining nutrition	Physical and mental health and emotional well-being	**Looking after yourself**
	Maintaining personal hygiene		
	Managing toilet needs		
	Being appropriately clothed		
			Staying as well as you can
			Feeling positive
Social participation and involvement	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	**Keeping in touch**
Occupation	Making use of necessary services in the local community	Participation in work, education, training and recreation	
	Accessing and engaging in work, training, education or volunteering	The individuals contribution to society	
		Social and economic wellbeing	**Managing money**
Accommodation cleanliness and comfort	Being able to make use of the home safely	Suitability of living accommodation	
	Maintaining a habitable home environment		

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[6] https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-ascof-2015-to-2016

[7] http://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes-care-support-needs.asp

[8] https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

6 Care Act Mental Health Recovery Star, Edition 3

ASCOF 2015/2016[9]	Care Act – Eligibility Outcomes[10]	Care Act – Well-being Outcomes[11]	Mental Health Recovery Star Outcome areas
Dignity		Personal dignity	
Safe & secure		Protection from abuse and neglect	
Control over daily life		Control by the individual over day-to-day life	
Personal cleanliness and comfort	Managing and maintaining nutrition	Physical and mental health and emotional well-being	**Living skills**
	Maintaining personal hygiene		
	Managing toilet needs		
	Being appropriately clothed		
			Managing mental health
			Physical health and self-care
			Identity and self-esteem
			Trust and hope
			Addictive behaviour
Social participation and involvement	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	**Social networks**
			Relationships
Occupation	Making use of necessary services in the local community	Participation in work, education, training and recreation	**Work**
	Accessing and engaging in work, training, education or volunteering	The individuals contribution to society	
		Social and economic wellbeing	
Accommodation cleanliness and comfort	Being able to make use of the home safely	Suitability of living accommodation	**Responsibilities**
	Maintaining a habitable home environment		

[9] https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-ascof-2015-to-2016

[10] http://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes-care-support-needs.asp

[11] https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

ASCOF 2015/2016[12]	Care Act – Eligibility Outcomes[13]	Care Act – Well-being Outcomes[14]	Life Star Outcome areas
Dignity		Personal dignity	
Safe & secure		Protection from abuse and neglect	**Being safe**
Control over daily life		Control by the individual over day-to-day life	
Personal cleanliness and comfort	Managing and maintaining nutrition	Physical and mental health and emotional well-being	**Living skills**
	Maintaining personal hygiene		
	Managing toilet needs		
	Being appropriately clothed		
			Mental health & other conditions
			Your health
			Feeling good
Social participation and involvement	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	**Communicating**
			People you know
Occupation	Making use of necessary services in the local community	Participation in work, education, training and recreation	**How you spend your time**
	Accessing and engaging in work, training, education or volunteering	The individuals contribution to society	
		Social and economic wellbeing	**Money and letters**
Accommodation cleanliness and comfort	Being able to make use of the home safely	Suitability of living accommodation	**Being responsible**
	Maintaining a habitable home environment		

ASCOF 2015/2016[15]	Care Act – Eligibility Outcomes[16]	Care Act – Well-being Outcomes[17]	Carers Star Outcome areas
		Personal dignity	
Personal safety		Protection from abuse and neglect	
Control over daily life		Control by the individual over day-to-day life	
Self-care	Managing and maintaining nutrition	Physical and mental health and emotional well-being	**Health**
			How you feel
Social participation and involvement	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	**Time for yourself**
Space and time to be yourself	Making use of necessary facilities or services in the local community, including recreational facilities or services	The individual's contribution to society	
	Engaging in recreational activities.		
Occupation	Engaging in work, training, education or volunteering	Participation in work, education, training and recreation	**Work**
		Social and economic wellbeing	**Finances**
	Maintaining a habitable home environment in the carer's home	Suitability of living accommodation	**Managing at home**
Feeling encouraged and supported	Carrying out any caring responsibilities the carer has for a child		**The caring role**
	Providing care to other persons for whom the carer provides care		

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[15] https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-ascof-2015-to-2016

[16] http://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes-care-support-needs.asp

[17] https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

9 Further guidance and support

For more information about the Outcomes Stars and the Independent Living, Older Persons, Life and Carers Stars more specifically, please visit our website **www.outcomesstar.org.uk**.

If you would like to discuss any of the top tips in this guide or have any queries at all about using the Star in your service, please get in touch on **0207 272 8765** or via **info@triangleconsulting.co.uk**.