

What is the Outcomes Star™ and why are we being trained to use it?

The Outcomes Star is a family of evidence-based tools for measuring and supporting change when working with people. Each Star is tailored to a specific sector and there are over 50 versions available. Every Star is created in collaboration with services and service users. It is widely used in the UK by national and local charities, local authorities, the NHS, police, schools, housing associations, care and support services, and growing internationally across Europe, Asia, Australasia and the USA.

The Star is underpinned by three values: empowerment, collaboration and integration. This sets it apart from traditional approaches. The service user is seen as an active agent in their own life and a valuable source of expertise and knowledge. The Star places importance on their perspective and priorities. The holistic approach offered by the Star focuses on aspects of life that are going well, in addition to areas of difficulty. As a result,

implementing the Outcomes Star can provide an effective way of putting these approaches and values into practice in a service.

Organisations must have licences and training from a licensed Star trainer to use the Star – this helps people to use the Star well and supports you, your service and service users to get the most out of the tool.

What will the core training cover?

Our core training is a 7-hour course focusing on the Star(s) most relevant to you. It will equip you to understand the key features and benefits of the Star and its Journey of Change. It is an interactive course with various activities and exercises to help understand the information your Star captures, how it fits with your keywork skills and how to best use it with the people you support.

It is split into two modules, delivered in one day when working face to face or over two half days when working remotely. Module One focuses on the theory behind the Star and how to introduce and complete it. The focus of Module Two is on action planning, capturing meaningful outcomes and ensuring consistency when using the Star.

Times vary for sessions, but most face-to-face training days run from 9.30am to 4.30pm, with morning and afternoon breaks and up to an hour for lunch. For remote delivery, we highly recommend two half days for the best learner experience. Your manager or trainer will inform you of the exact times for your training and, if needed will furnish you with links to remote sessions.

Do I need to prepare anything for the training?

No preparation is needed and everyone attending is provided with Star materials. Your Triangle trainer will contact you beforehand to introduce themselves and provide you with practical details for your training session. If you want to know more about the Star, have a look at our website www.outcomesstar.org.uk. If you have any queries about your training, please get in touch with us, or with the training organiser in your service.

Contact Triangle for further information

- www.outcomesstar.org.uk
- training-hub@triangleconsulting.co.uk

"The Star is one of the few tools that is useful for both clients and staff, and helps us demonstrate our difference – it ticks a lot of boxes."

Support worker

