

Working with Outcomes Stars™ in the context of the Care Act 2014

Top tips for reporting to Care Act 2014 using the Stars most relevant for Adult Care and Carers

These top tips demonstrate how you can use the Outcomes Star to work within and report to the outcomes areas set out by various frameworks linked to the Care Act 2014. A series of tables shows the read across between:

- The key outcome areas used to define ‘well-being’ in the Care Act
- The eligibility outcomes and thresholds defined in the Care Act
- The outcomes areas covered by Adult Social Care Outcomes Framework 2018/2019
- The outcomes areas covered by Triangle’s five key Outcomes Stars for Adult Care – Independent Living Star, Older Person’s Star, Mental Health Recovery Star (3rd and 4th Editions), Life Star and Carer’s Star.

We also set out some thoughts on how the Stars can support the implementation of the Care Act in other ways, and some general guidance about using the Star with other tools and frameworks.

1 How the Outcomes Stars generally support the Care Act 2014

As well as defining outcomes, the Care Act also sets out key principles for social care. Here we demonstrate how the Outcomes Stars can help organisations follow these key principles:

Key principles for care set out in the Act ¹	How the Outcomes Star can help organisations
The importance of beginning with the assumption that the individual is best-placed to judge their own wellbeing	The Star is an accessible and collaborative assessment, review and planning tool. This approach empowers service users to participate in conversations about their needs and goals and helps frontline practitioners to work consistently in this way. The Star is a holistic, person-centred and strengths-based tool. This means that completing a Star assesses all key aspects of a service user’s life and captures their voice and views in a consistent and accessible way.
The importance of the individual participating as fully as possible in decisions about them	
The importance of an individual’s views, wishes, feelings and beliefs	
The need to ensure that decisions are made having regard to all the individual’s circumstances	

2 General guidance for using the Outcomes Star with other tools and frameworks

The Outcomes Star is not designed to work as a stand-alone needs assessment tool. However, it can work well alongside needs and eligibility assessment, for example if a service completes a needs assessment with a service user, a keyworker can use this to inform the completion of a service user’s first Star - or vice versa. Completed Stars can be used to inform review assessments, and to share information about all areas of a service user’s life with a multi-agency team.

In the same way, the Outcomes Star is not a risk assessment tool and services should consider how to effectively measure and manage risk alongside their use of the Star, which focuses on person-centred planning and measuring distance travelled.

3 Using the Outcomes Star in the context of the Care Act 2014

The next few pages contain a series of tables demonstrating how the outcome areas covered by our four key Stars for Adult Care read across to the outcomes listed under the Care Act and other linked frameworks.

Please note that on tables 2, 3, 4 and 5, the alignment between ASCOF, Care Act eligibility outcomes and Care Act Well-being outcomes are a Triangle suggestion only and is not set out in the Care Act or by ASCOF themselves.

¹ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

4 Care Act and the Independent Living Star

ASCOF 2018/19 ³	Care Act – Eligibility outcomes ⁴	Care Act – Well-being outcomes ⁵	Independent Living Star – Outcome areas
Dignity		Personal dignity	Being treated with dignity
Safety		Protection from abuse and neglect	
Control over daily life		Individual control over day-to-day life	<i>All outcome areas.</i> The fourth Journey of Change stage is 'Choice and control'
Food and drink	Maintaining and managing nutrition	Physical and mental health and emotional well-being	Looking after yourself Health
Personal care	Maintaining personal hygiene		Looking after yourself
	Managing toilet needs		
	Being appropriately clothed		
			How you feel
Occupation	Using necessary services in the local community	Participation in work, education, training and recreation	Meaningful activity
	Accessing and engaging in work, training, education, or volunteering	The individual's contribution to society	
		Social and economic well-being	Managing money
Social participation	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	Social life
Accommodation	Being able to make use of the home safely	Suitability of living accommodation	Where you live Looking after yourself
	Maintaining a habitable home environment		

³ <https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-handbook-of-definitions>

⁴ <https://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes>

⁵ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

5 Care Act and the Older Person's Star

ASCOF 2018/19 ³	Care Act – Eligibility outcomes ⁴	Care Act – Well-being outcomes ⁵	Older Person's Star – Outcome areas
Dignity		Personal dignity	Being treated with dignity
Safety		Protection from abuse and neglect	Feeling safe
Control over daily life		Individual control over day-to-day life	<i>All outcome areas.</i> The fourth Journey of Change stage is 'Choice and control'
Food and drink	Maintaining and managing nutrition	Physical and mental health and emotional well-being	Looking after yourself Staying as well as you can
Personal care	Maintaining personal hygiene		
	Managing toilet needs		
	Being appropriately clothed		
			Feeling positive
Occupation	Using necessary services in the local community	Participation in work, education, training and recreation	Keeping in touch Feeling positive
	Accessing and engaging in work, training, education, or volunteering	The individual's contribution to society	
Social participation	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	
		Social and economic well-being	Managing money
Accommodation	Being able to make use of the home safely	Suitability of living accommodation	Feeling safe
	Maintaining a habitable home environment		

³ <https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-handbook-of-definitions>

⁴ <https://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes>

⁵ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

6 Care Act and the Mental Health Recovery Star, Edition 3

ASCOF 2018/19 ³	Care Act – Eligibility outcomes ⁴	Care Act – Well-being outcomes ⁵	Mental health Recovery Star (3 rd Ed.) – Outcome areas
Dignity		Personal dignity	
Safety		Protection from abuse and neglect	
Control over daily life		Individual control over day-to-day life	Living skills
Food and drink	Maintaining and managing nutrition	Physical and mental health and emotional well-being	Living skills Physical health and self-care
Personal care	Maintaining personal hygiene		
	Managing toilet needs		
	Being appropriately clothed		
			Managing mental health Identity and self-esteem Trust and hope Addictive behaviour
Occupation	Using necessary services in the local community	Participation in work, education, training and recreation	Work
	Accessing and engaging in work, training, education, or volunteering	The individual's contribution to society	
		Social and economic well-being	
Social participation	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	Social networks Relationships
Accommodation	Being able to make use of the home safely	Suitability of living accommodation	Living skills Responsibilities
	Maintaining a habitable home environment		

³ <https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-handbook-of-definitions>

⁴ <https://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes>

⁵ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

7 Care Act and the Mental Health Recovery Star, Edition 4

ASCOF 2018/19 ³	Care Act – Eligibility outcomes ⁴	Care Act – Well-being outcomes ⁵	Mental health Recovery Star (4th Ed.) – Outcome areas
Dignity		Personal dignity	
Safety		Protection from abuse and neglect	Relationships
Control over daily life		Individual control over day-to-day life	
Food and drink	Maintaining and managing nutrition	Physical and mental health and emotional well-being	Physical health
Personal care	Maintaining personal hygiene		Living skills
	Managing toilet needs		
	Being appropriately clothed		
		Managing mental health Addictive behaviour Identity and self-esteem Trust and hope	
Occupation	Using necessary services in the local community	Participation in work, education, training and recreation	Use of time
	Accessing and engaging in work, training, education, or volunteering	The individual's contribution to society	
		Social and economic well-being	
Social participation	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	Relationships Friends and community
Accommodation	Being able to make use of the home safely	Suitability of living accommodation	Home Living skills
	Maintaining a habitable home environment		

³ <https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-handbook-of-definitions>

⁴ <https://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes>

⁵ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

8 Care Act and the Life Star

ASCOF 2018/19 ³	Care Act – Eligibility outcomes ⁴	Care Act – Well-being outcomes ⁵	Life Star – Outcome areas
Dignity		Personal dignity	
Safety		Protection from abuse and neglect	Being safe
Control over daily life		Individual control over day-to-day life	<i>All outcome areas.</i> The ' It is more how I like it ' and ' It is right for me ' Journey of Change stages are about choice and control
Food and drink	Maintaining and managing nutrition	Physical and mental health and emotional well-being	Your health
Personal care	Maintaining personal hygiene		Living skills
	Managing toilet needs		
	Being appropriately clothed		
		Mental health and other conditions Being safe Feeling good	
Occupation	Using necessary services in the local community	Participation in work, education, training and recreation	How you spend your time
	Accessing and engaging in work, training, education, or volunteering	The individual's contribution to society	
		Social and economic well-being	Money and letters
Social participation	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	Communicating People you know
Accommodation	Being able to make use of the home safely	Suitability of living accommodation	Being responsible
	Maintaining a habitable home environment		Being safe

³ <https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-handbook-of-definitions>

⁴ <https://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes>

⁵ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf

9 Care Act and the Carers Star

ASCOF 2018/19 ³	Care Act – Eligibility outcomes ⁴	Care Act – Well-being outcomes ⁵	Carers Star – Outcome areas
		Personal dignity	
Personal safety		Protection from abuse and neglect	
Control over daily life		Individual control over day-to-day life	
Self-care	Maintaining and managing nutrition	Physical and mental health and emotional well-being	Health
			How you feel
Occupation	Accessing and engaging in work, training, education, or volunteering	Participation in work, education, training and recreation	Work
		The individual's contribution to society	
		Social and economic well-being	Finances
Social participation	Developing and maintaining family or other personal relationships	Domestic, family and personal relationships	Time for yourself
	Engaging in recreational activities		
Accommodation	Being able to make use of the home safely	Suitability of living accommodation	Managing at home
	Maintaining a habitable home environment		
Encouragement and support	Carrying out any caring responsibilities the carer has for a child		The caring role
	Providing care to other persons for whom the carer provides care		

³ <https://www.gov.uk/government/publications/adult-social-care-outcomes-framework-handbook-of-definitions>

⁴ <https://www.scie.org.uk/care-act-2014/assessment-and-eligibility/eligibility/outcomes>

⁵ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/315993/Care-Act-Guidance.pdf