

# Contents

The Home Star flashcards are for use with service users. These cards are an additional resource to be used alongside the Star Chart, with or instead of the short illustrated Scales and User Guide.

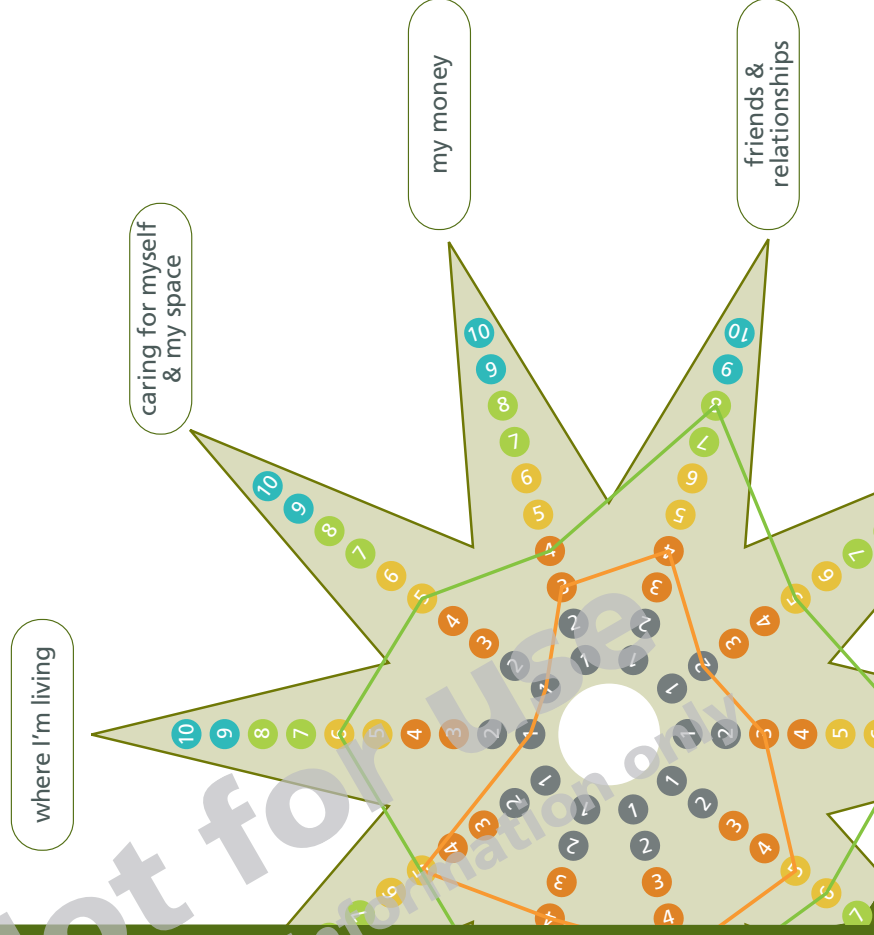
Please ensure you have received training, are licensed and are familiar with the Star and how to use it.

This pack contains 15 cards in total including:

- 10 Star area flashcards
- 5 Journey of Change flashcards
- Cover and Introduction card
- Contents and "How to print" card

# Home Star™

The Outcomes Star for people with housing and other needs



# Introduction

The Home Star is designed for people who have difficulties with housing or who have other complex needs. This might mean needing help with finding and keeping a home, improving relationships or learning new skills for dealing with problems. Making these changes isn't easy, but understanding how change works can help.

This is a version of the Outcomes Star, a suite of tools for supporting and measuring change when working with people.

## Copyright information

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All rights reserved. To use the Home Star your organisation must buy a licence and train all workers using the materials with service users. Materials may not be altered or used to create similar works. See website for full copyright information: [www.outcomesstar.org.uk](http://www.outcomesstar.org.uk)

# How to print the flashcards

Each card is designed as A5 in size. They can be professionally printed or printed on standard office printers. They have been designed to fit two to an A4 page and to be printed double-sided and then cut out, with the main area on the front of the card and additional images and text for prompts on the back.

Set the document to print in colour or black and white, double-sided, long-edge binding.

- If your printer allows you to print to the edge of a page, scale at 100%. If it does not, you can print the document at "scale to print" and trim off the white borders
- A professional-print pdf with full 3mm bleeds is available should you wish to get the cards professionally printed onto cardstock.

## Journey of Change

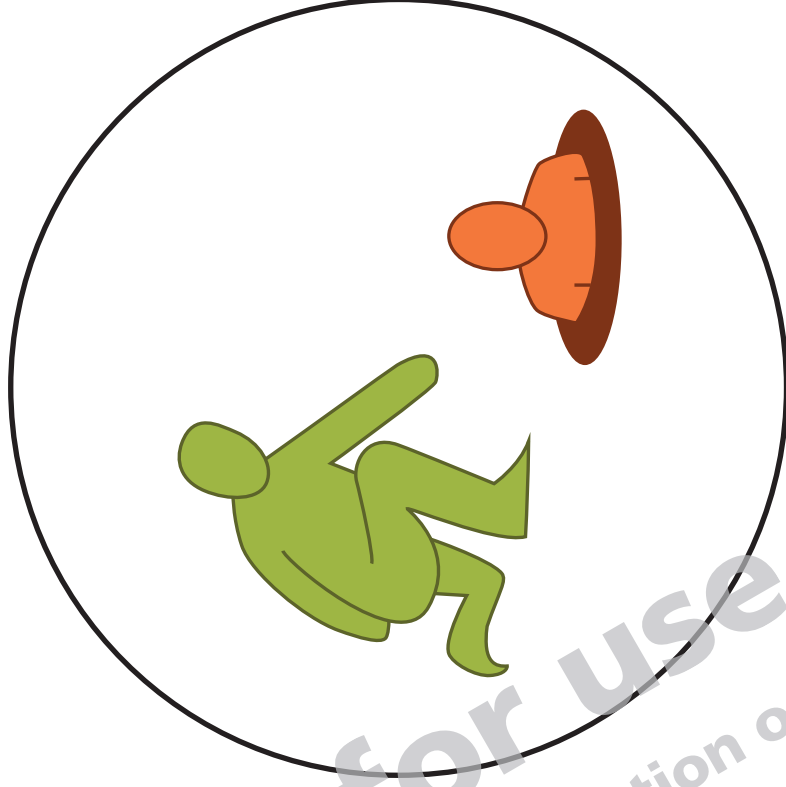
Home Star™



3-4 Getting help

## Journey of Change

Home Star™



1-2 Stuck

Want to use this Star?  
Visit [www.outcomesstar.org.uk](http://www.outcomesstar.org.uk)

Contact [info@triangleconsulting.co.uk](mailto:info@triangleconsulting.co.uk)  
or 020 7272 8765

## 1-2 Stuck

1 = Don't get the help you need

2 = Occasionally say this is a problem

- Not having the help you need
- Not believing things can change
- Don't want to talk about it
- No one can help

## 3-4 Getting help

3 = Sometimes get help

4 = Consistently get help

- Fed up with having these problems
- Starting to trust workers
- Listening to options
- But... still don't think things can improve

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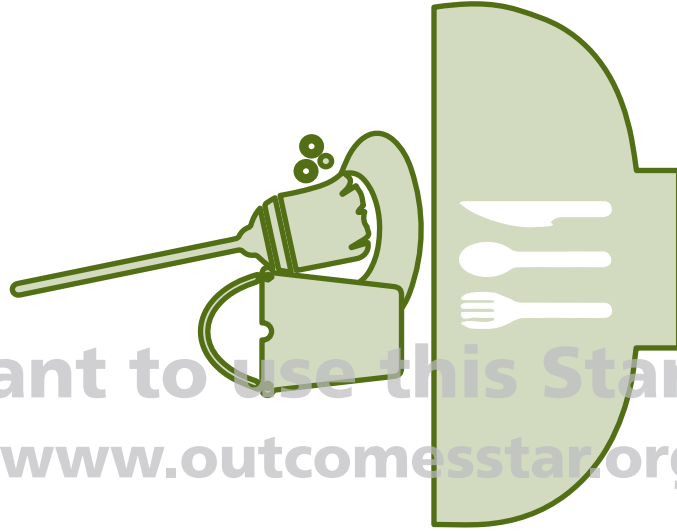
The Journey of Change

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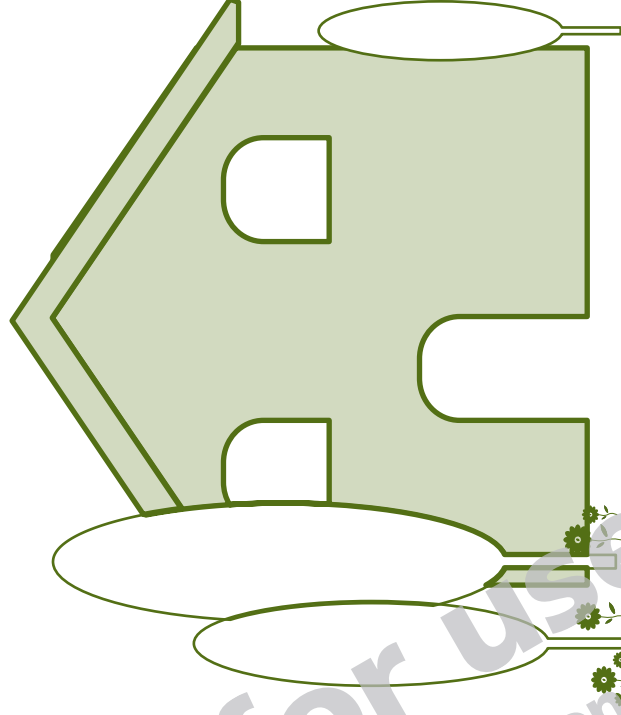
The Journey of Change

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## Caring for myself and my space



## Where I'm living

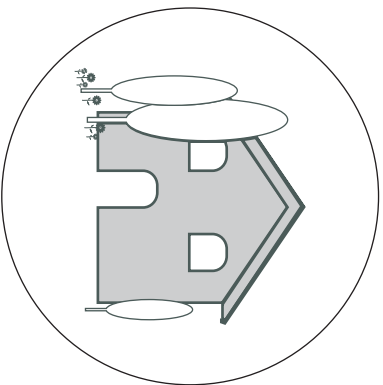


Want to use this Star?

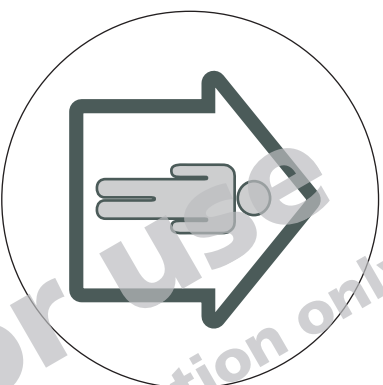
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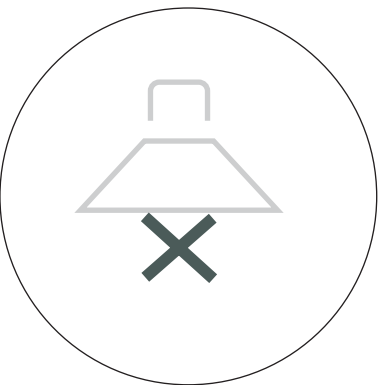
# Where I'm living



Getting somewhere suitable to live



Steps to living independently



Keeping your home

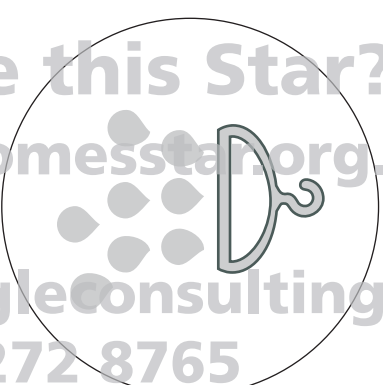


Managing a tenancy

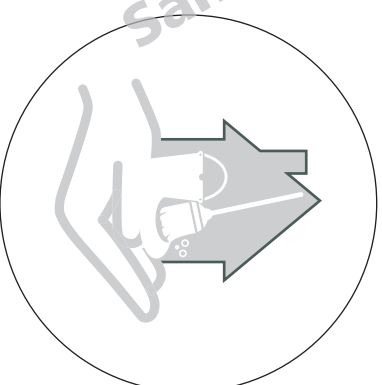
# Caring for myself and my space



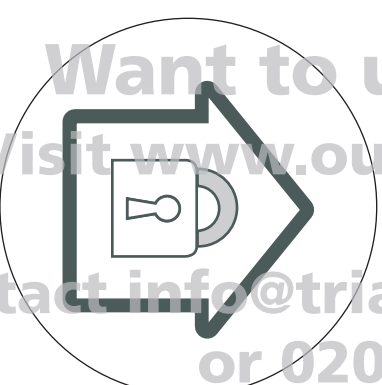
Shopping, cooking, eating well enough



Caring for yourself



Caring for your space

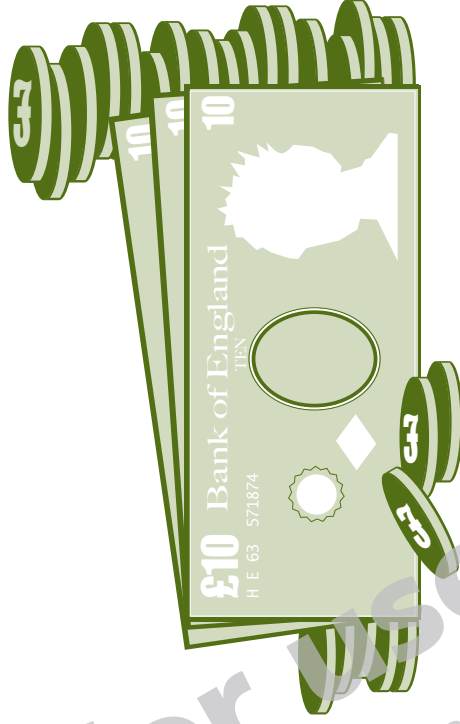


Keeping yourself safe at home

## Friends and relationships



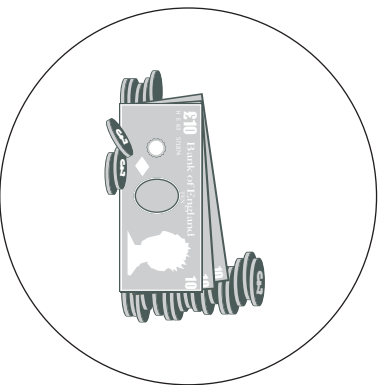
## My money



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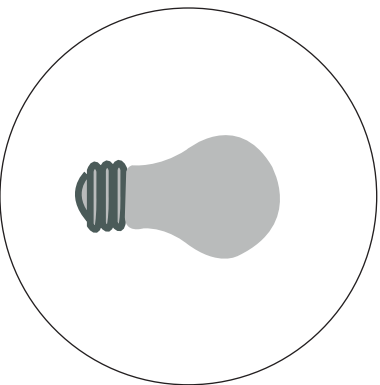
# My money



Getting benefits, financial support  
or other income



Dealing with debts

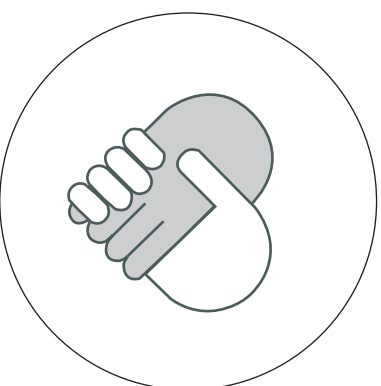


Having enough for basics

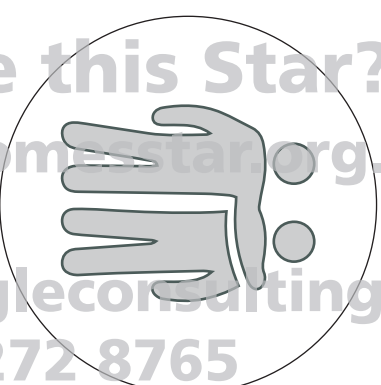


Budgeting and managing your  
money

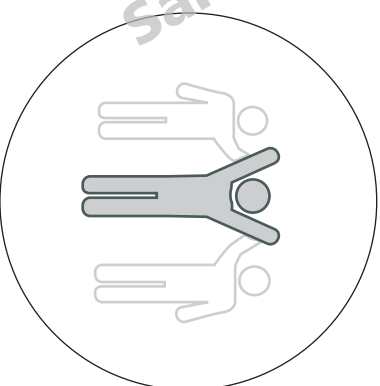
# Friends and relationships



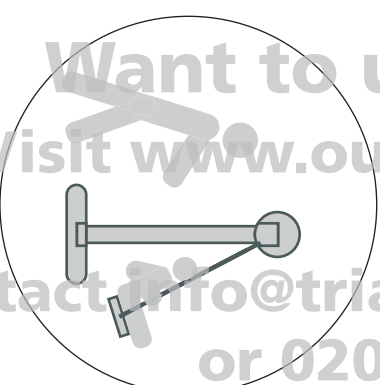
Friends and family



Partners and other close  
relationships



People who support you



Your children