

Support Star (Parents)™ Scales

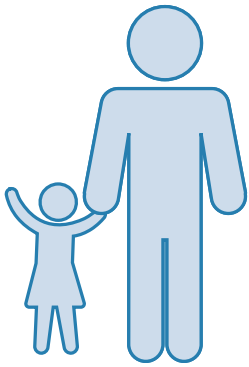
The Outcomes Star for parents of children facing serious illness

For each of the six questions, choose the answer that best describes you most of the time.

- 1 Not able to respond 2 Taking it in 3 Trying to respond 4 Finding a way through 5 Managing well

1 Looking after your child

Practical care and emotional support, helping your child to cope with their illness



- 5 I'm confident I can look after my sick child and support them emotionally through this
- 4 I'm managing to look after my child in most ways but am not there yet
- 3 I'm trying to care for my sick child and help them cope emotionally, but it's hard
- 2 I'm finding out what I need to do to look after my child physically and/or emotionally
- 1 I'm not able to look after my sick child or help them through this

2 Managing practicalities

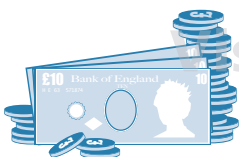
Appointments, travel, work, childcare, a suitable home, running your home



- 5 We are managing well enough on a practical level as a family
- 4 We are learning how to manage on a practical level but we have a way to go yet
- 3 I'm trying to make changes so we can manage better, but it's hard
- 2 I'm finding out what this means in practical terms but don't know how we will manage
- 1 I don't know how we will manage the practicalities and am struggling from day to day

3 Money

Money issues related to your child's condition, earnings, benefits, grants, debts



- 5 We are managing financially or things are no worse than before my child got ill
- 4 I'm finding a way through the extra money worries but am not there yet
- 3 I'm trying to do something about the impact on our finances but it's difficult
- 2 I'm taking in what my child's condition might mean for our finances
- 1 I'm not able to think about money right now and/or don't know how we will cope financially